made into wine or sweet syrup. chance. Birch sap can be tapped (collected) and weeded out of woodland to give other trees a bare, ungrazed land. Sometimes they have to be pioneer species, as it can spread quickly on Birch is a very hardy tree and known as a Over 300 insects can use this tree as a habitat. The white bark makes it quite easy to recognise. 11. Silver Birch (Betula pendula)

prisoners being exercised around a mulberry many suggestions of its origins, one being about here we go round the mulberry bush? There are for wildlife. Do you know the nursery rhyme tasty jam and wine and are a good food source The fruit looks a bit like raspberries, which make 10. Mulberry (Morus nigra)

into the air and watch it spin to the ground. helicopters or whirlybirds. If you find one, toss it called samaras, sometimes referred to as keys, packed together. Flat winged tree seeds are The cone like fruits have winged seeds, closely will produce the tulip shaped green flowers. hungry caterpillars. Only trees over 10 yrs old smell of eucalyptus when crushed and feed This tree has unusual shaped leaves, which 9. Tulip Tree (Liriodendron tulipifera)

and polishes well, making it good for furniture have been used as nails. The wood is also hard covering the trunk are so hard and sharp they and can be fermented to make beer. The thorns of the pod contents, which Native Americans ate peanuts. The name comes from the sweetness pods, like other legumes e.g. beans, vanilla and This tree is a legume, its seeds are contained in 8. Honey Locust (Gleditsia triacanthos)

nicknamed 'dogs bottom'. Can you guess why? used for Jellies, Jams and wine making. The fruit is mixture of apple sauce and cinnamon, better medieval times. They are mushy tasting, like a 'bletted' (allowed to rot). A popular dessert in The small brown fruits can be eaten once

7. Medlar Tree (Mespilus germanica)

conid play! game. If you find some on the ground maybe you from the word conquer, connected to playing the Championships every year. Conker is derived Peterborough hosts The World Conker were fed to sick horses to cure chest complaints. spikey husk containing conkers; historically they has been left by the leaf stalks. Autumn brings a shaped scar, complete with nail marks, which Look at a twig, see if you can see a horseshoe 6. Horse Chestnut (Aesculus hippocastanum)

species is used to make chemotherapy drugs. is found in many sacred places. A Himalayan associate yew with everlasting life and why it the old growth. Because of this, many cultures new stems, which then grow upwards to cover its branches grow down into the ground, forming branches. Yews can live for thousands of years; Goldcrest, builds nests in its sheltered, evergreen horses and humans. Britain's smallest bird, the small mammals, but are poisonous to cattle, Bright red berries provide food for birds and 5. Yew Tree (Taxus baccata)

and bend the wood to make Windsor chairs. that lived and worked in the woods) could steam Beech wood is strong, but 'Bodgers' (craftsmen This tradition still takes place in The New Forest. them up on beech mast, acorns and other nuts. out their pigs on to common land, to fatten had the right to pannage - the practice of turning for wildlife. During medieval times commoners The seeds, called 'Mast', are a good food source 4. Copper Beech (Fagus sylvatica 'purpurea')

csəəq a relaxing tea and the blossom is a favourite of Palace and St Pauls Cathedral. The flowers make pieces for Windsor Castle, Hampton Court woodcarver, used the soft, light wood to create flexible. Grinling Gibbons, a famous 17th century derive from an Old English word 'lind', meaning Not related to the citrus plant. The name may 3. Lime Tree (Tilia cordata)

furniture, or the deluxe interiors of some cars. are valuable and used in the manufacture of thinly sliced, pieces of the wood). Veneers These are turned into veneers (highly polished, grain becomes a tight swirl of intricate patterns. form when the tree is attacked by pests. The Walnut burls are rounded knotty growths which the common walnut we enjoy (Juglans regia). mammals enjoy the nuts which are bitter; unlike bacterial and anti-cancer properties. Small from the husks which has anti-fungal, anti-Modern science is investigating a compound 2. Black Walnut (Juglans nigra)

then brought them to Britain. Road to the Mediterranean, where the Romans brought them even further, all along the Silk droppings (scats). Later nomads and their horses sweeter apples and dispersed their seeds in their found in these regions, which favoured the apples was helped by animals such as the bears with China. The dominance of the largest, juiciest Celestial Mountains, on the Kazakhstan borders from fruit forests on the slopes of Tien Shan or the origins of our domestic sweet apple comes the sour crab apples, recent DNA analysis shows as a source of natural pectin to set jams. Unlike We can use them to make jelly and wine, and

of early pollen, nectar and small sour tasting fruit.

This small tree feeds wildlife with its abundance

J. Crab Apple (Malus sylvestris)

Trees aren't just beautiful they are also very important...



- They clean the air by absorbing pollutants and releasing oxygen for us to breathe.
- Both living and dead trees provide habitats (homes) and food for many insects, birds and animals, but also for other organisms like fungi, moss, Ivy and
- They provide fruit and nuts for us too. Farmers around Wye grow delicious apples, pears, cherries, plums, walnuts and hazelnuts. What are your favourites?
- Their roots stop soil erosion and absorb water, which can help reduce flooding.
- They can hide unsightly views, muffle traffic noise, trap dust and provide shelter from the sun and wind.
- Trees create jobs and many products. Can you think of something that comes from trees?
- All over the world trees have inspired many artists, poems, songs, stories, myths and legends.
- · Research shows being around trees helps us feel more relaxed
- · Did you know car tyres are still made in part using natural rubber from rubber trees?

Can you spot any of these along the way? Some will depend on the season.

-		
Fungus on a tree		Blossom
Moss		Tree seed
Nest		Mole hill
Wildflower		Lichen on a twig
Tree buds		Dead leaf
Puddle		Dandelion clock
Snail shell		Animal hole
Cobweb		Berry on a tree
Animal/bird		Mini beast
droppings		Did you hear a bird
Shiny bark		sing?
	Moss Nest Wildflower Tree buds Puddle Snail shell Cobweb Animal/bird droppings	Moss Nest Wildflower Tree buds Puddle Snail shell Cobweb Animal/bird droppings

This leaflet was produced as a legacy of the Kent Heritage Trees Project, a five year project funded by the Heritage Lottery Fund celebrating Kent's tree heritage. A significant achievement of the project was the recording of over 10,000 heritage trees trees that are old, wide, rare or have a story to tell. Visit tcv.org.uk/kentheritagetrees to view the tree finds and map.

This is one of a series of leaflets created by volunteers to encourage people of all ages to explore the outdoors, learn about nature and heritage trees and enjoy the Kentish

The Kent Heritage Trees Project was developed and run by The Conservation Volunteers (TCV), a charity that works with thousands of people across the UK, helping them to discover, improve and enjoy their local green spaces and by doing so create happier and healthier communities.

www.explorekent.org

Find out more about the continuing work of TCV and how you can become involved, visit www.tcv.ora.uk

Kent Heritage Trees Project is managed by

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Feather





To follow the trail on your phone, scan this QR code **TCV** The Community Volunteering Charity

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